

Student Soft Trek 5 days



Shivapuri, popular for the watershed and wild life area, is the second highest hill surrounding the Kathmandu Valley rim. This trek is to commence at Budhanilkantha with the purpose to be amazed with pleasant views of the central and eastern mountain ranges, heavenly views of sunrise and sunset and is good introduction to Nepalese rural life. The end point of the trek appears with two options either at Nagarkot or Dhulikhel. It is an excellent trip for those who wish to avoid a long strenuous trek or only have time for a short and easy trek. The view points at Nagarkot offers a long lasting experience that has many different options to enjoy the magic of mountains. The village of Nagarkot is on the edge of the valley and offers superb views of the mountains as well as Kathmandu valley.

Duration: 5 days

Price: \$499

Group Size: 2

Grade: Moderate

Destination: Nepal

Activity: Trekking

Region: Kathmandu Valley

Equipment Lists:

Recommended equipment list: Trekkers need to provide their own personal clothing and equipment. Some items of equipment are available for hire from us as like Down Jacket

Footwear : Well broken-in walking shoes - these must be suitable for snow, thick socks, light socks, camp shoes.

Clothing : Down or fiber filled waterproof jacket and trousers, sweater or fleece jacket, underwear, warm and cotton trousers or

jeans, shirts and T-shirts, shorts, long underwear, wool hat, sun hat, gloves, bathing suit, track suit.

Other equipment: Sleeping bag (5 seasons), lock, day pack, water bottle, sun cream, sunglasses, flashlight with spare bulbs and batteries, lip salve, gaiters.

Other items: Insect repellent, toilet articles, diary, toilet roll, laundry soap, wet ones, pocket knife, towel, sewing kit, plasters, binoculars, camera, film, cards and personal medical kit.

Itinerary:

Day 1: Arrival in Kathmandu (1300m) overnight in hotel

Welcome to Kathmandu, the capital. You will be met on arrival and transferred to your hotel, here you will be formally introduced to your Guide and the activities to be enjoyed over the next few days. We will also ask for your passport photographs and any other details required for your trek permits, at this stage. Welcome to Kathmandu, the capital. You will be met on arrival and transferred to your hotel, here you will be formally introduced to your Guide and the activities to be enjoyed over the next few days. We will also ask for your passport photographs and any other details required for your trek permits, at this stage.

Day 2: Kathmandu to Sundarjal drive and trek to Chisapani (2100m) overnight in hotel

Drive from Kathmandu to Sundarjal which takes approximately one hour and trek from Sundarjal to Chisapani and it takes about four and half hours.

Day 3: Chisapani to Nagarkot trek (2195) overnight in hotel

Trek from Chisapani to Nagarkot which takes about six and half hours. Morning the northern mountain views attract you. You trek start to Chauki Bhanjag, which takes about 2 and half hours, you will stop here for an hour for your lunch. You continue the charming trails lead 3 hours toward Nagarkot. (Walking 5/6 hrs) Nagarkot, (2175m) is by far the most popular. In the clear weather the Himalaya range, stretching from Dhaulagiri in the west all the way past Everest to Kanchenjunga in the east, emerges from the darkness to greet the happy visitor with its awe inspiring majesty and beauty.

Day 4: Morning drive to Dhulikhel and back to Kathmandu visit Bhaktapur, Bouddha & Pashupati(1300m) overnight in hotel

This day you will driven to Dhulikhel. Dhulikhel is the administrative centre of [Kavrepalanchowk District, Nepal](#). Dhulikhel is located at the Eastern rim of [Kathmandu Valley](#).

And back to Kathmandu via Bhaktapur and visit Bouddha, Pashupatinath.

Bhaktapur Durbar Square is another UNESCO World Heritage Site and is a wonder of traditional and religious architecture. Your guide will escort you to the main palace building with its balcony of 55 windows and its precious Golden Gate entrance. You will also see the beautiful Nyatapola Temple with its five levels of pagoda roof symbolizing the five basic elements of all creation. This is the tallest pagoda in Nepal and built with beautiful architectural artistry. Your tour will also take you to the Pottery Square where pots are made and fired using traditional methods. This part of the complex is like a living museum of the potter's trade. You may also have the opportunity visit a thanka painting school and watch highly skilled and patient artists paint complex traditional Buddhist designs or mandala.

Bouddhanath: Bouddhanath is a Buddhist religious complex with a history dating back over 500 years. Located on the eastern edge of Kathmandu it is now a site of great pilgrimage for Buddhist followers who circle its massive stupa, spin its many prayer wheels and visit its beautiful monastery. The main feature of Boudhanath is its huge hemispherical white stupa with central golden tower and the all-seeing eyes of the Buddha. Visitors should circle the stupa in a clockwise direction and spin prayer wheels for good fortune and a good life. Visitors may also enjoy visiting the Thangka painting school within the complex to see highly skilled artists at work on religious mandala paintings.

Pashupatinath: Hindu Temple is a very large and complex and focal point for the Hindu religion. This old and very revered complex of buildings and shrines is dedicated to the Lord Shiva, one of the main deities of Hinduism. While Lord Shiva has multiple forms he is often seen as the destroyer. This has great significance for the Pashupatinath temple as it is the site of many Hindi ritual cremations each day. Pashupatinath is considered by Hindus to be an auspicious site for passing from one stage of life to the next through the purifying and destroying flames of cremation. However, on a happier note, visitors may also get to see the temple in a buoyant festival mode with one of the many Hindu festivals celebrated here through the year.

Day 5: Departure to home

You will be met at your hotel and taken to the airport in good time to meet your flight home.

Cost Include:

- Airport pick up and drop off transportation as per itinerary
- Twin / double sharing accommodation in 3 Star hotel in Kathmandu with Breakfast
- All ground private transportation
- 3 Day, 2 night tea-house trek
- TIMS
- Shivapuri National Park Fee
- A First Aid and Eco-trained & Government licensed English-speaking guide
- One porter between each two members during trek
- Accommodation in Chisapani and Nagarkot
- All meals (breakfast with 2 cups of tea/coffee, lunch, dinner) while on trek
- Sleeping bags
- First Aid kits
- Sightseeing in Kathmandu. Escorted with English speaking guide. Private transportation. Entrance fees
- Travel & Rescue arrangement.
- Accommodation, meals, salary, equipment, transportation & insurance • for the trekking crew
- All government taxes.
- Farewell dinner

Cost exclude:

- International Airfare
- Nepal Entry Visa fee @ USD 40 per person for 30-day visa Nepal Entry Visa fee (US\$ 40 per person for 30 days)
- Travel insurance covering trip curtailment, flight cancellations/delay, lost • baggage, emergency medical evacuation, etc. (travel insurance is strongly • recommended)
- Lunches and dinners in Kathmandu
- Electricity bills (charging of electronic devices) and 'hot shower' while on trek
- Personal gears & clothing
- Personal expenditure, i.e. soft/hard beverages, laundry, phone calls, etc.
- Tips for staffs
- Expenses incurred owing to mishaps, landslide, strikes, political unrest, etc. In such instances, any extras incurred will be charged as per actual

- Anything not specified in cost include section