

Volunteering Tour in Nepal



The volunteering trip to Nepal is a short trip which is meant to help the needy people. There are a lot of areas in Nepal where people face troubles that should have been eliminated with time. But, due to poor management and execution the facilities did not reach there in time. So, now we are giving them a helping hand to help them rise from the darkness, along with some hands from off shore.

Lack of facilities are just one factor that has been affecting the lifestyle of people. Other factor is Natural Calamity. Unlike Kathmandu, there are areas where adults and children are victimized by the natural disasters. No schools, No home, No food, this is why we need to help. The Volunteering tour will help these people to get back on their feet again. We are donating 5% of our margin to the people who are in need.

Duration: 6 days

Price: \$799

Rating: 5 Star

Group Size: 2

Grade: Easy

Destination: Nepal

Activity: Tours

Itinerary:

Day 1: Arrival in Kathmandu and Transfer to Hotel

Welcome to Kathmandu, the capital of Nepal. The Langtang Ri Trekking & Expedition representative will greet you at the airport and transfer you to your hotel. After your refreshment you will be picked up from your hotel lobby and driven to our Thamel office where you will be formally introduced to your tour guide. We will go through all your itinerary and arrangements with you to insure every detail is in place.

Day 2: Drive From Kathmandu to Sankhu and Trek to Nagarkot

Nagarkot is a former Village Development Committee located 32 km east of Kathmandu, Nagarkot commands one of the broadest views of the Himalayas in the Kathmandu valley. The ranges include Annapurna range, Manaslu range, Ganesh himal range, Langtang range, Jugal range, Rolwaling range, Mahalangur range (Everest range) and Numbur range with views of the Kathmandu valley and Shivapuri National Park. For those active nature lovers and outdoor enthusiasts, there are lots of hiking opportunities to do in and around Nagarkot. Among them, Nagarkot eco trail (nature walk) along with Nagarkot panoramic hiking trail is the most popular ones. Situated in a strategic location, Nagarkot was an ancient fort of the Kathmandu valley built to monitor the external activities of other kingdoms. Later, it became a summer retreat for the royal family before becoming popular as an international hill station.

Day 3: Nagarkot to Changu Narayan Trek

Changu Narayan is an ancient Hindu temple located at Bhaktapur district. It rests at a hilltop also known as Dolagiri or Changu. The hill is about 7 miles east from Kathmandu and a few miles north of Bhaktapur. The shrine is dedicated to Lord Vishnu. The Kashmiri princess "Champak" was married with the prince of Bhaktapur, since then the shrine was named Changu Narayan. It is believed to be the oldest temple in the history of Nepal.

Day 4: Volunteering Day 1 overnight at the Hotel

Today we will be conducting the main charity program in the village that you selected.

Day 5: Volunteering Day 2 / Village tour and overnight at the Hotel

Today you will visit the village and schools in it followed by the village tour.

Day 6: Kathmandu City Tour and Departure in the Evening

Bouddhanath: Bouddhanath is a Buddhist religious complex with a history dating back over 500 years. Located on the eastern edge of Kathmandu it is now a site of great pilgrimage for Buddhist followers who circle its massive stupa, spin its many prayer wheels and visit its beautiful monastery. The main feature of Bouddhanath is its huge hemispherical white stupa with central golden tower and the all-seeing eyes of the Buddha. Visitors should circle the stupa in a clockwise direction and spin prayer wheels for good fortune and a good life. Visitors may also enjoy visiting the Thangka painting school within the complex to see highly skilled artists at work on religious mandala paintings.

Pashupatinath: Hindu Temple is a very large and complex and focal point for the Hindu religion. This old and very revered complex of buildings and shrines is dedicated to the Lord Shiva, one of the main deities of Hinduism. While Lord Shiva has multiple forms he is often seen as the destroyer. This has great significance for the Pashupatinath temple as it is the site of

many Hindi ritual cremations each day. Pashupatinath is considered by Hindus to be an auspicious site for passing from one stage of life to the next through the purifying and destroying flames of cremation. However, on a happier note, visitors may also get to see the temple in a buoyant festival mode with one of the many Hindu festivals celebrated here through the year.

Kathmandu Durbar Square:

The next stop today is the beautiful Kathmandu Durbar Square, or the royal palace square of the ancient Malla kings of the Kathmandu Valley. This square and all its architectural treasures are a UNESCO World Heritage Site. While some damage to buildings occurred in the 2015 earthquake the site still contains many stunning architectural gems. The original royal palace courtyards are open to visitors and you will marvel at the intricate timber carving and beautifully crafted brickwork of the palace. The open square outside the palace has many beautiful multi-storey pagodas and temples with ornate carving and carpentry artwork that tells some of the story of the ancient kings and their mystical time and beliefs. The square also contains many important Hindu temples and statues such as to Vishnu and Lord Shiva. Durbar Square also contains the unique and intriguing Kumari Chok. This is an ancient and ornate house where resides the Raj Kumari – the Living Goddess. She is a young girl chosen through an ancient and mystical selection process to become the human incarnation of the Hindu mother goddess, Durga. If you are in the courtyard of the home at the right time in the afternoon you may see a brief glimpse of the Goddess at her window.